







## Van Dhan Samajik Doori Jagrookta Abhiyaan

## STOP COVID-19, NOT WORK

## Stay Hygienic and Clean to prevent Covid-19!

1 Cover nose and mouth with handkerchief or tissue while coughing or sneezing



2 Cough or sneeze into the fold of their upper arm or shoulder if they don't have handkerchief or tissue





Avoid touching mouth, nose, and eyes



Wash hands with soap and water or sanitize them before entering the centre, before and after work



5 Avoid spitting in public

In case anyone show symptoms like fever, cough or difficulty in breathing, contact Ministry of Health and Family Welfare's



HELPLINE NUMBER: 011-23978046 | TOLL FREE: 1075

As per guidelines issued by Government of India and digital contents received from MoHFW