

TALK AND LISTEN

CHILDREN FEEL VALUED AND UNDERSTOOD WHEN YOU LISTEN TO THEM... TALKING AND SHARING HELPS CHILDREN OPEN UP...



STRUCTURE THE DAY

SET REGULAR TIME FOR WAKING UP, BATHING, EATING, SLEEPING & OTHER ACTIVITIES...



PLAY AND HAVE FUN

SING A SONG... TELL A STORY... DANCE A LITTLE...



TRAIN TO USE THE TOILET



TEACH THEM TO TELL YOU WHEN THEY WANT TO USE THE TOILET... TEACH THEM TO WASH HANDS WITH SOAP AFTER USING THE TOILET...



PARVARISH KE CHAMPION

FOR PARENTS & CAREGIVERS OF 2-4 YEAR OLDS

SET BOUNDARIES



APPRISE OF THE DANGER IN TALKING TO STRANGERS, SAFE AND UNSAFE TOUCH AND GOING OUT ALONE...

KEEP DIGITAL GADGETS AWAY

SCREEN TIME SHOULD ALWAYS BE WITH PARENTS AND NOT FOR MORE THAN HALF HOUR A DAY... NO DIGITAL GADGETS WHEN YOU ENGAGE WITH YOUR CHILDREN...



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