



## Let us all unite to prevent Measles!

### Measles

Measles is a disease caused by a virus and it is highly contagious. Measles is one of the vaccine-preventable diseases among children less than 5 years of age. Measles spreads through the droplets released while coughing and sneezing. It is so contagious that 90% of people in close contact can get infected.

### Measles symptoms



High grade fever



Rashes on Body



Cough



Runny nose



Red watery eyes

**Visit your nearest BMC Health Centre/ Dispensary/Hospital in case of any Measles symptoms.**

### Measles can lead to serious complications

Children may suffer from serious health complications such as Pneumonia, Diarrhoea, Ear infection, Eye infection, Brain infection and it can also lead to Death.



Pneumonia



Diarrhoea



Ear infection



Eye infection



Brain infection

## Measles can be prevented.

Vaccinate your child with a measles-containing vaccine immediately after completing 9 months of age and 16 months of age.

Please make sure that your child has received 2 doses of Measles containing vaccine along with Vitamin A.

If any of the measles-containing vaccine doses are missed, the immunization can be completed up to 5 years of age of the child.

## How can measles transmission be prevented?

Measles-infected patients should stay at home, infected children should not be sent to aanganwadi or schools so that measles transmission can be prevented.

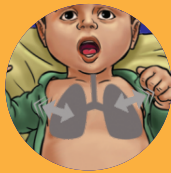
Measles-infected patients must maintain good personal hygiene, and use a handkerchief to cover their face while coughing and sneezing.

Immunization is the most effective way of preventing measles, that's why vaccination at the right age is important. It is observed that unimmunized children are prone to measles infection, therefore, protect your child with the measles-containing vaccine.

**Visit BMC Health center / Dispensary / Hospital immediately, if any of these danger signs are seen in Measles-infected children.**



**High-grade fever**



**Rapid breathing**



**Chest in drawing while breathing**



**Lethargic or with no movement**



**Sometimes seizures**

## Measles immunization

- Every child should be immunized with 2 doses of measles-containing vaccine for complete protection. The first dose should be given immediately after completing 9 months of age and the second dose immediately after completing 16 months of age.

**And if any of the measles-containing vaccine doses are missed, the immunization can be completed up to 5 years of age.**

- In the current scenario of the measles outbreak in Mumbai, an additional dose of measles-containing vaccine is given to children between the age group of 9 months to 5 years.

- A special dose of measles-containing vaccine is given in high-risk areas for children between the age group of 6 months and 9 months. (\*Only applicable for babies less than 9 months of age residing in areas with more than a 10% rate of measles patients.)

- An additional dose of Measles-containing vaccine can be given after 4 weeks of the previous Measles containing vaccine dose.

- Please make sure that your child has received 2 doses of Measles containing vaccine along with Vitamin A.

**Let us defeat Measles, Let us Immunize**

 @mybmchealth

 mybmchealth

 Mybmcpd

